

EVENT	AGE GROUP	ATHLETE	TIME	YEAR	STATE
WOMEN'S 50 Meters	50-54	Sue McCarthy	7:66	2015	ME
	55-59	Tara Towle	8.21	2023	NH
	60-64	Ginny Richburg	8.40	2022	ME
	65-69	Christine Davis	9.2	2016	IN
	70-74	Linda Hunt	11.16	2017	ME
	75-79	Barbara Jordan	8.99	2012	VT
	80-84	Arden LeVasseur	15.90	2022	ME
MEN'S 50 Meters	45-49	Bob St. Peter	7.62	2022	ME
	50-54	Stephen Nunziata	6.81	2017	CT
	55-59	Michael Travers	7.22	2013	ME
	60-64	Steven Snow	7.21	2015	NH
	65-69	Steven Snow	7.49	2022	NH
	70-74	Bill Spirdione	7.66	2016	NH
	75-79	Bill Spirdione	8.37	2023	NH
	80-84	Don Foshay	9.26	2017	ME
	85-89	Suat Akgun	9.78	2016	FL
	90-94	Edward Snyder	14.40	2022	MA
WOMEN'S 100 Meters	50-54	Sue McCarthy	14.25	2015	ME
	55-59	Gail Johns-Reese	15	2010	NH
	60-64	Gail Johns-Reese	16.2	2015	NH
	65-69	Beverly Libby	16.25	1997	ME
	70-74	Janice Bilodeau	17.6	2005	ME
	75-79	Beverly Libby	16.02	2005	ME
	80-84	Ann McGowan	23.63	2006	RI
	85-89	Ann McGowan	28.9	2010	RI
MEN'S 100 Meters	45-49	Bob St.Peter	14.05	2022	ME
	50-54	Angel Nieves	12.12	1998	MA
	55-59	Roger Pierce	12.0	2002	MA
	60-64	William Wright	12.87	1997	
	65-69	Roger Pierce	13.06	2010	MA
	70-74	Dick Camp	13.88	2006	ME
	75-79	Keith Curtis	14.0	2005	ME
	80-84	Joseph Sciaraffa	16.3	2002	ME
	85-89	Joseph Sciaraffa	20.0	2009	ME
	90-94	Bob Matteson	21.55	2008	VT
WOMEN'S 200 Meters	50-54	Sue McCarthy	30.05	2015	ME
	55-59	Gail Johns-Reese	31.99	2010	NH
	60-64	Ginny Richburg	35.40	2022	ME

	65-69	Joan Burgess	38.5	1998	ME
	70-74	Elizabeth Foster	43.40	2022	MN
	75-79	Barbara Jordan	38.02	2010	VT
	80-84	Anne McGowan	53.3	2004	RI
MEN'S 200 Meters	45-49	Bob St. Peter	31.27	2022	ME
	50-54	Rohan Stuart	25.35	2013	GA
	55-59	Roger Pierce	24.77	2002	MA
	60-64	Arthur Murray	27.44	2007	ME
	65-69	Roger Pierce	27.33	2010	MA
	70-74	Dick Camp	29.34	2006	ME
	75-79	Keith Curtis	32.5	2004	ME
	80-84	Joseph Sciaraffa	38	2002	ME
	85-89	Jean Bernaquez	47.38	2017	Quebec
WOMEN'S 400 Meters	50-54	Paula Fortuna	01:17:42	2010	NH
	55-59	Beatrice Kearney	01:10:00	2004	CT
	60-64	Kim Coombs	01:30:03	2017	ME
	65-59	Elizabeth Foster	01:37:30	2017	MN
	70-74	Ann Holmquist	01:35:03	2016	MA
	75-79	Audry Lary	01:41:02	2010	MD
MEN'S 400 Meters	45-49	Tory Rau	57.61	2022	ME
	50-54	Tom Ryan	58.0	2006	ME
	55-59	Roger Pierce	55.0	2002	ME
	60-64	John Bray	01:01:65	2006	NY
	65-69	Roger Pierce	01:02:71	2018	MA
	70-74	Roger Pierce	01:15.00	2008	MA
	75-79	Keith Curtis	01:21:50	2004	ME
	80-84	Keith Curtis	01:34:20	2009	ME
	85-89	Jean Bernaquez	01:54:21	2017	Quebec
	90-94	John Woods	05:41:00	2009	ME
WOMEN'S 800 Meters	50-54	Trisha Diaz	02:50:00	2014	MA
	55-59	Trisha Diaz	03:00:71	2015	MA
	60-64	Judy Hardenbrook	03:07:91	2007	ME
	65-69	Betsy Foster	03:50:62	2017	MN
	70-74	Jan Holmquist	03:22:74	2016	MA
	75-79	Gloria Lipton	05:47:52	2008	NY
MEN'S 800 Meters	45-49	Joe Hermans	02:34.30	2022	ME
	50-54	James Morton	02:12:23	2008	MA
	55-59	Jeff Weatherhead	02:21:97	2007	CT

	60-64	Paul Murphy	02:32:00	2010	MA
	65-69	Frank Brume	02:38:85	2006	ME
	70-74	Jerry LeVasseur	03:09:06	2007	ME
	75-79	George Tooker	03:10:11	2015	MA
	80-84	Jean Bernaquez	03:38:21	2012	Quebec
	85-89	Jean Bernaquez	04:20:89	2017	Quebec
	90-94	Bob Matteson	05:11:26	2008	VT
WOMEN'S 1500 Meters	50-54	Trisha Diaz	05:45:38	2014	MA
	55-59	Terry Ballou	05:38.92	2022	NH
	60-64	Diane York	07:14:00	2004	ME
	65-69	Betsy Foster	07:46:88	2017	MN
	70-74	Jan Holmquist	06:32:28	2016	MA
	75-79	Gloria Lipton	11:27:40	2009	NY
	80-84	Mary Harada	14:00.14	2018	MA
	85-89	Mary Haines	15:13:00	2002	CT
MEN'S 1500 Meters	50-54	Thomas Ryan	04:25:23	2007	ME
	55-59	Jeff Weatherhead	05:00:58	2006	CT
	60-64	Adam Goldstein	5:35.14	2019	FL
	65-69	Lloyd Slocum	05:24:00	2002	NH
	70-74	Rudy Kelley	6:14.76	2018	ME
	75-79	George Tooker	06:21:32	2015	MA
	80-84	Jean Bernaquez	06:58:17	2012	Quebec
	85-89	Jean Bernaquez	08:27:74	2017	Quebec
WOMEN'S 1500 Meter RACEWALK	50-54	Janet Richie	10:24:00	2004	ME
	55-59	Marsha Hutz	11:12:15	1998	
	60-64	Diane York	09:42:00	2004	ME
	65-69	Dianne Herrick	11:13:15	2016	ME
	70-74	Arden Levasseur	13:50:77	2012	ME
	75-79	Laura Lasuld	12:58:00	1996	
	80-84	Estelle Frendberg	13:11:00	1997	AZ
MEN'S 1500 Meter RACEWALK	50-54	Leo Higgins	07:56:72	2011	MA
	55-59	Peter Blank	08:46:96	2012	D.C.
	60-64	David Baldwin	07:54:11	2006	ME
	65-69	Leides Valio	09:34:00	1996	
	70-74	John May	10:05:75	1998	
	75-79	George Freeman	10:09:39	2006	NY
	80-84	Peter Bresciano	11:10.09	2021	NH
	85-89	Larry Rolfe	25:00:00	1997	

	90-94	Napoleon LaChance	16:24:00	1998	ME
WOMEN'S 1500 Meter POWERWALK	50-54	Sherri Desmarais	12:09.04	2022	
	55-59	Alex Forest	11:12.08	2019	ME
	60-64	Margaret Milner	10:45.52	2021	ME
	65-69	Margaret Milner	10:49:98	2023	ME
	70-74	Arden Levasseur	13:50:77	2012	ME
	75-79	Eileen Livingston	11:58.46	2022	NH
	80-84	Eileen Livingston	11:44.70	2023	NH
	85-89	Kathleen Zambello	14:21.77	2019	ME
MEN'S 1500 Meter POWERWALK	55-59	Steven Schumacher	11:08.03	2022	ME
	65-69	Robert LaConte	10:43.91	2021	NJ
	70-74	Michael Devaney	10:08.63	2022	AZ
	75-79	John Micavich	9:17.53	2021	NH
	80-84	John Micavich	10:00.81	2023	NH
	85-89	Stanley Moulton	12:09.11	2019	NH
WOMEN'S 3000 Meters	50-54	Julie Millard	13:57:56	2014	ME
	60-64	Nancy Kneeland	15:33:51	2015	ME
	65-69	Betsy Foster	17:07:11	2017	MN
	70-74	Susan Murphy	14:37.90	2018	ME
MEN'S 3000 Meters	50-54	Thomas Ryan	10:07:30	2009	ME
	55-59	Mark Jensen	11:36:59	2015	MA
	60-64	Dennis Smith	12:43:24	2011	ME
	65-69	Rudy Kelley	12:37:52	2016	ME
	70-74	Jerry LeVasseur	14:27:30	2008	ME
	75-79	Jack Wackwitz	14:20:94	2017	OH
	80-84	Jean Bernaquez	15:39:53	2012	Quebec
	85-89	Jean Bernaquez	19:33:07	2017	Quebec
			DISTANCE		
WOMEN'S SHOT PUT	50-54	Karen Reardon	33' 5 1/2"	2008	ME
	55-59	Karen Reardon	33' 1 1/2"	2015	ME
	60-64	Karen Reardon	29' 7"	2021	ME
	65-69	Karen Reardon	26' 6 1/4"	2023	ME
	70-74	Harriett Patch	23' 2 1/2"	2004	MA
	75-79	Judy Scott	20' 9 1/2"	2016	MA
	80-84	Harriett Patch	19' 11"	2011	MA
	85-89	Anne McGowan	14' 6"	2011	RI

	90-94	Anne McGowan	12' 2"	2015	RI
MEN'S SHOT PUT	45-49	Derek Michaud	30' 5 1/2"	2023	ME
	50-54	Michael Snyder	42' 2"	2012	ME
	55-59	Michael Snyder	43' 1 3/4"	2014	ME
	60-64	Hartley Palleschi	42' 6 3/4"	2015	PA
	65-69	Carl Wallin	39' 8"	2009	NH
	70-74	Alan Brooks	40' 7"	2006	CT
	75-79	Alan Brooks	37' 2"	2012	CT
	80-84	Alan Brooks	38' 2 1/2"	2016	CT
	85-89	Joe Carlozzi	32"3"	2021	ME
	90-94	David Chase	25' 8"	2011	MA
WOMEN'S DISCUS	50-54	Karen Reardon	100' 3"	2008	ME
	55-59	Karen Reardon	91' 4"	2015	ME
	60-64	Karen Reardon	80'10"	2019	ME
	65-69	Ingrid Miller	71' 9"	2008	MA
	70-74	Ann Flynn	57' 5"	2010	CT
	75-79	Joan Youngs	60' 10"	2012	CT
	80-84	Joan Youngs	52' 8"	2017	CT
	85-89	Joan Youngs	41'11"	2023	CT
	90-94	Ann McGowan	21' 1"	2014	RI
MEN'S DISCUS	45-49	Derek Michaud	101' 10"	2023	ME
	50-54	Robert Hews	135' 3"	1998	ME
	55-59	David MacMillan	147' 0"	1998	ME
	60-64	David MacMillan	154' 8"	2000	ME
	65-69	David MacMillan	145' 3"	2006	ME
	70-74	Christopher Hamilton	124' 1"	2023	VT
	75-79	Len Rosen	108' 7"	2009	NH
	80-84	Joe Carlozzi	93' 2"	2017	ME
	85-89	Joe Carlozzi	82'	2021	MA
	90-94	David Chase	53' 5"	2012	MA
WOMEN'S JAVELIN	50-54	Ginny Richburg	98' 0"	2010	ME
	55-59	Kim Coombs	84' 2"	2016	MD
	60-64	Kim Coombs	83' 2"	2017	ME
	65-69	Kim Coombs	74'01"	2022	ME
	70-74	Marsha Crooks	59' 11"	2005	MA
	75-79	Joan Youngs	49' 6"	2014	CT
	80-84	Joan Youngs	45' 7"	2017	CT
	85-89	Ann McGowan	38' 6"	2011	RI

	90-94	Ann McGowan	24' 10"	2014	RI
MEN'S JAVELIN	45-49	Derek Michaud	99'	2023	ME
	50-54	Michael Wardrop	151' 6"	2016	ME
	55-59	John Malikowski	156' 7"	2016	MA
	60-64	Buzz Gagne	168' 9"	2010	NH
	65-69	Edward Mikula	151'9"	2021	ME
	70-74	Buzz Gagne	145"	2019	NH
	75-79	Buzz Gagne	121'08"	2020	MA
	80-84	James Rothrock	79' 6 1/2"	2015	ME
	85-89	James Rothrock	60'1"	2019	ME
WOMEN'S HAMMER THROW	50-54				
	55-59	Gloria Miro	40'4"	2022	ME
	60-64	Karen Reardon	74' 9"	2022	ME
	65-69	Kim Coombs	82' 11"	2023	ME
	70-74				
	75-79				
MEN'S HAMMER THROW	45-49	Derek Michaud	84' 7"	2023	ME
	50-54	Darrin Clement	111'11	2022	ME
	55-59	Jim Giroux	162' 1"	2022	ME
	60-64	Michael Snyder	94'11	2022	ME
	65-69	Hartley Palleschi	117'9"	2022	ME
	70-74	Regis Beaulieu	124'1"	2022	ME
	75-79				
	80-84				
	85-89	Joe Carlozzi	88'8"	2022	ME
WOMEN'S LONG JUMP	50-54	Cindi Wright	8"10.75"	2021	VT
	55-59	Ginny Richburg	12' 3"	2017	ME
	60-64	Barbara Jordan	10' 5"	1997	VT
	65-69	Elizabeth Abrams	8' 5"	2002	CT
	70-74	Brigette Langer	8' 3"	2002	MA
	75-79	Audrey Lary	10' 3"	2010	MD
	80-84	Anne McGowan	6' 3 3/4"	2006	RI
	85-89	Anne McGowan	5' 10 1/2"	2010	RI
	90-94	Anne McGowan	2' 4"	2017	RI
MEN'S LONG JUMP	45-49	Bob St. Peter	12'6"	2022	ME
	50-54	Steven Snow	16' 4 1/2"	2007	NH
	55-59	Steven Snow	16' 3 1/2"	2011	NH
	60-64	Steven Snow	15' 10"	2015	NH

	65-69	Steven Snow	14'3"	2022	NH
	70-74	John Poley	13' 5"	2005	ME
	75-79	Joe Sciaraffa	12' 4"	1998	ME
	80-84	Ed Kenny	9' 6 1/4"	2017	NH
	85-89	Joe Sciaraffa	8' 5"	2009	ME
	90-94	David Chase	7' 2 3/4"	2011	MA
WOMEN'S TRIPLE JUMP	50-54	Donna Gordon	20'2 1/2"	2019	ME
	55-59	Jennifer Meko	26'4 1/2"	2022	ME
	60-64	Kim Coombs	18' 8"	2017	ME
	65-69	Kim Coombs	17' 1"	2023	ME
	70-74	Arden LeVasseur	15' 6 1/2"	2010	ME
	75-79	Audrey Lary	22' 1 1/2"	2009	VT
	80-84	Arden LeVasseur	11'41/2"	2022	ME
	85-89	Anne McGowan	13' 0"	2009	RI
MEN'S TRIPLE JUMP	50-54	James Clark	33' 1 1/2"	2007	NY
	55-59	Fred Clark	34' 11"	2007	NY
	60-64	Steven Snow	31' 2 3/4"	2015	NH
	65-69	Steven Snow	28'11"	2022	NH
	70-74	Michael Kiefer	27' 9"	2023	MA
	75-79	Joel Stinson	24' 7 1/2"	2011	ME
	80-84	Jerry LeVasseur	22' 4 1/4"	2017	ME
	85-89	Suat Akgun	19' 2 1/2"	2016	FL
	90-94	David Chase	16' 2 1/2"	2012	MA
WOMEN'S HIGH JUMP			HEIGHT		
	50-54	Ginny Richburg	3' 10"	2010	ME
	55-59	Joann Ellis	3' 7"	2012	OK
	60-64	Kim Coombs	3' 8"	2017	ME
70-74	Arlene Dupuis	2' 8"	2012	NH	
MEN'S HIGH JUMP	50-54	James Kallfelz	5' 2"	2015	NH
	55-59	Ken Ellis	5' 0'	2012	OK
	60-64	Thomas Foley	5'2"	2021	MA
	65-69	Steven Kopp	4'6"	2019	NY
	70-74	Gene Kirkpatrick	4' 2 3/4"	2023	ME
	75-79	Howard Dewey	4' 2"	2016	GA
	80-84	Richard Lowery	4' 0"	2012	FL
	85-89	Joe Carlozzi	3'4"	2021	ME
90-94	David Chase	3' 2"	2011	MA	