

Maine Senior Games Athlete Survey Results January, 2024



www.maineseniorgames.org

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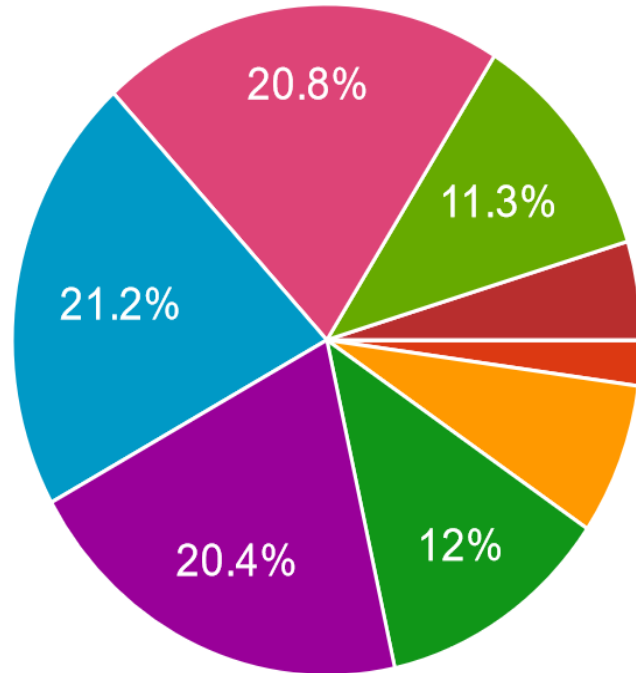
We distributed this survey to approx. 800 participants who are on our 2022 & 2023 email lists. We received 274 responses



The goal of the Maine Senior Games Board of Directors is to use the information we have gathered from you to help us recruit and retain athletes, to find new ways to market the games, to maintain the quality of the games, to grow the games, and to provide great opportunities for our athletes and volunteers.

What is your age as of December 31, 2024?

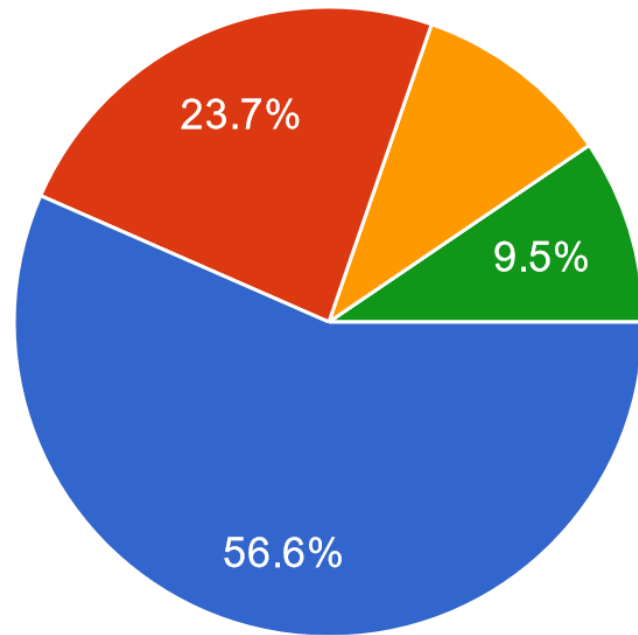
274 responses



- 45 - 49
- 50 - 54
- 55 - 59
- 60 - 64
- 65 - 69
- 70 - 74
- 75 - 79
- 80 - 84

Please tell us how many years you have participated in the Maine Senior Games

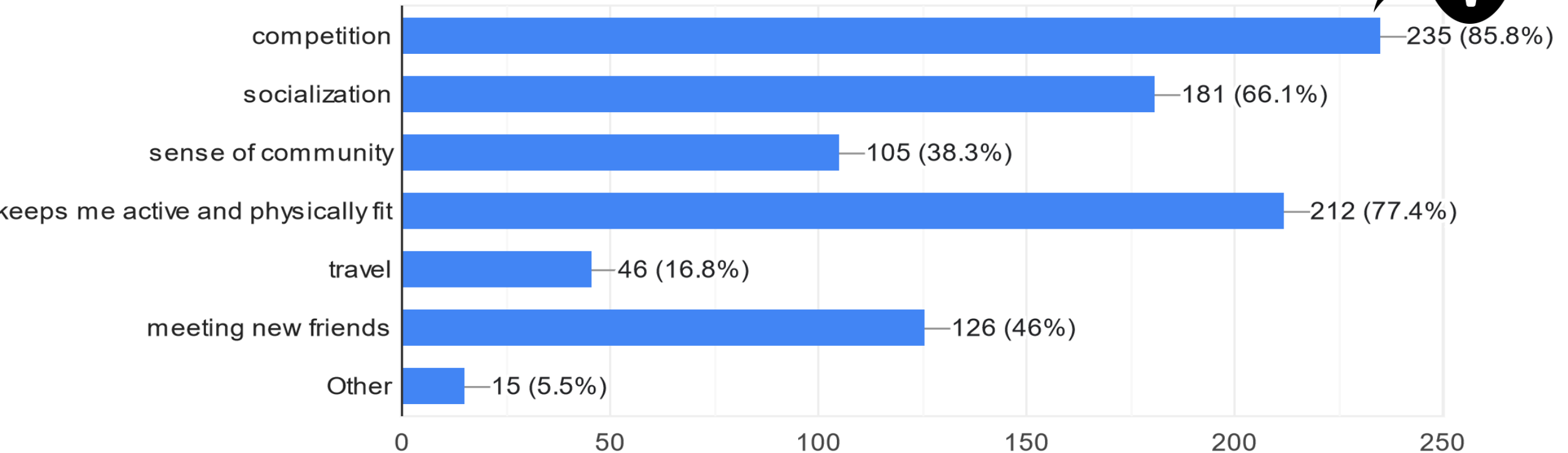
274 responses



- 1 - 5 years
- 6 - 10 year
- 11 - 15 years
- More than 15 years

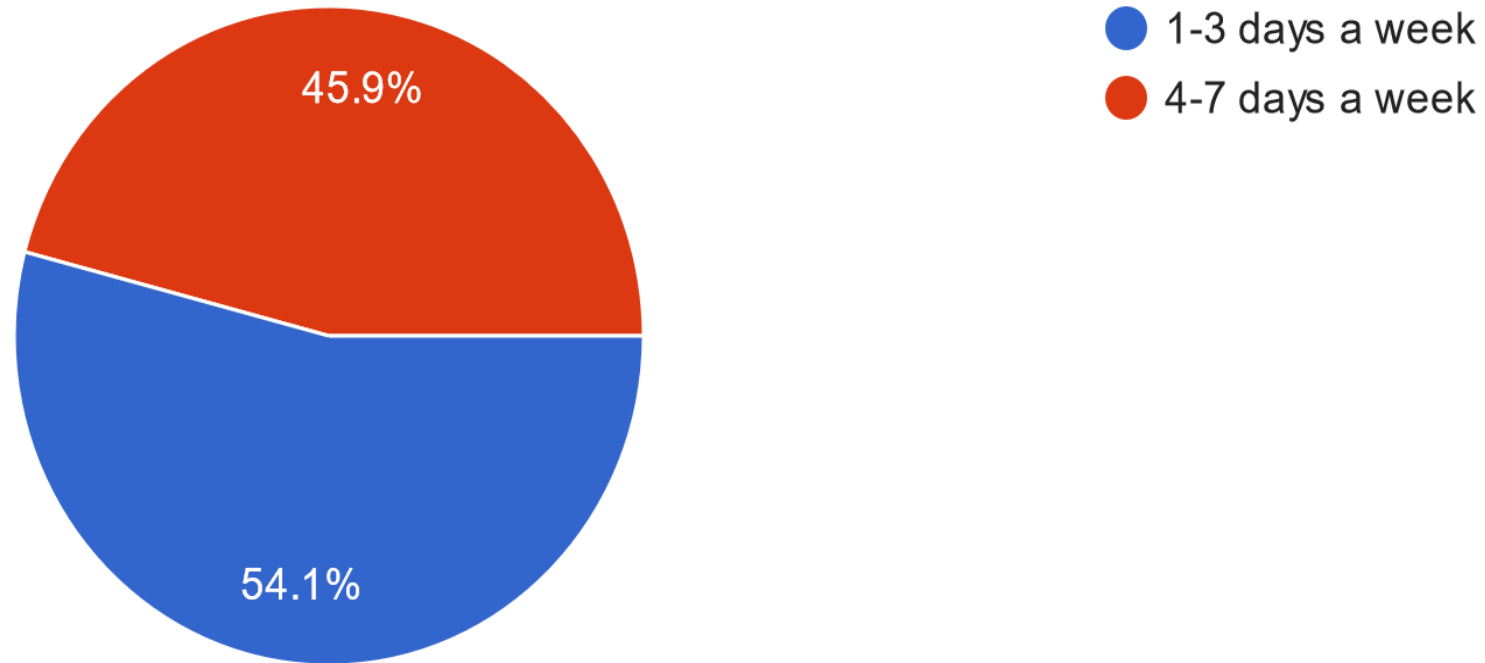
Why do you participate in the Maine Senior Games. Please check all that apply:

274 responses



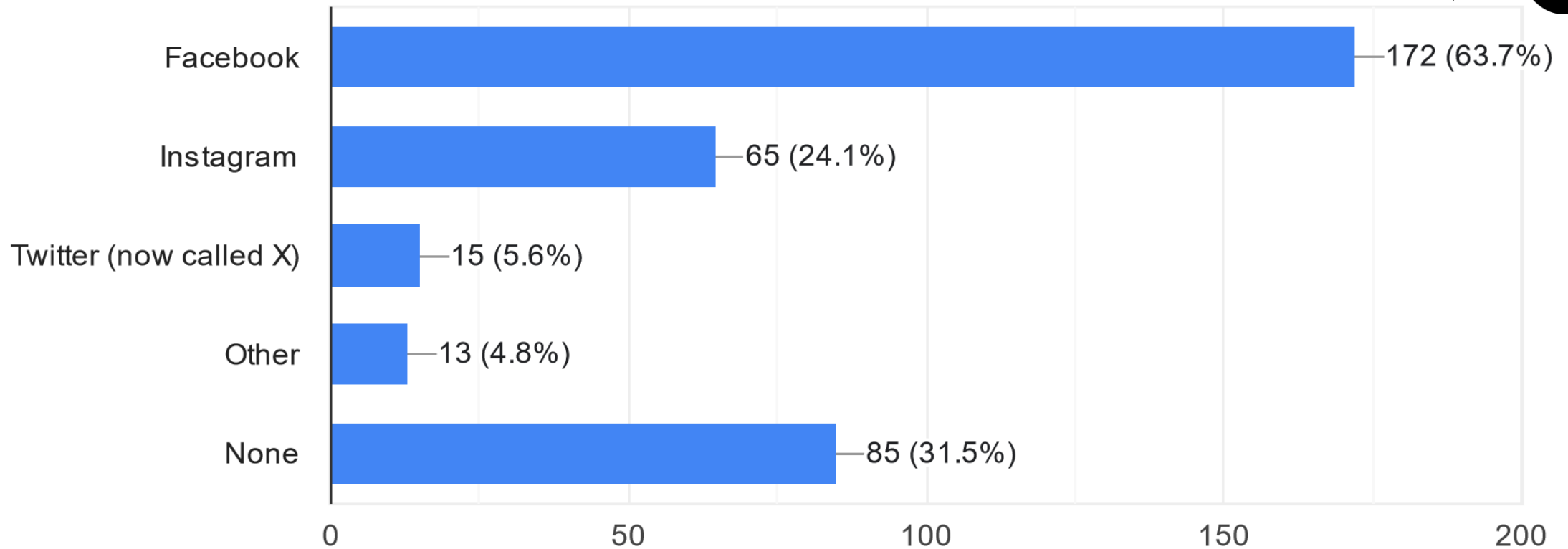
How often do you train/workout to prepare for the Maine Senior Games?

268 responses



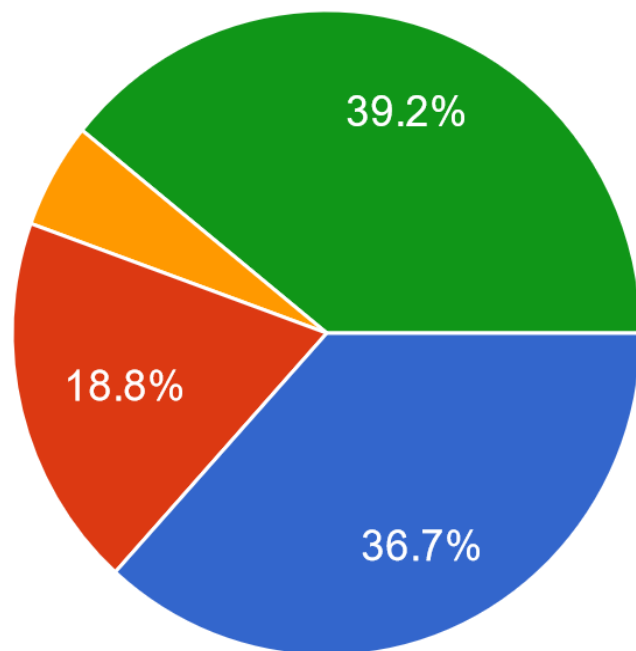
Please tell us what/if any social media you use:

270 responses



Do you follow the Maine Senior Games on Facebook or Instagram?

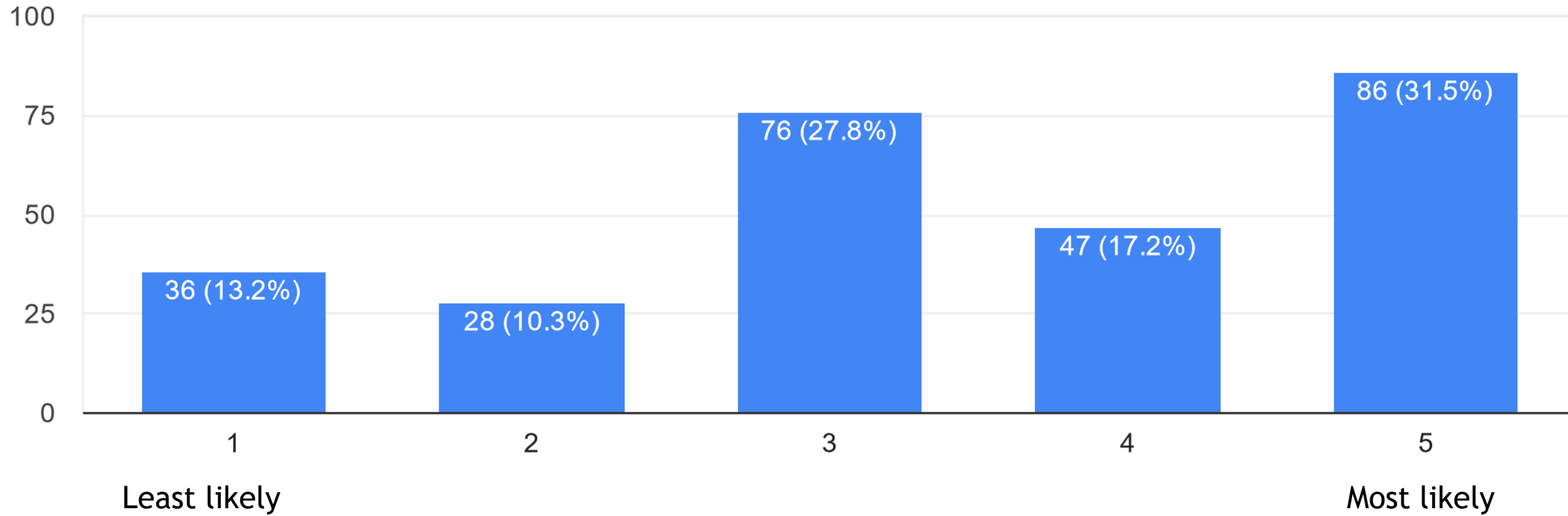
245 responses



- Yes on Facebook
- Not on Facebook
- Yes on Instagram
- Not on Instagram

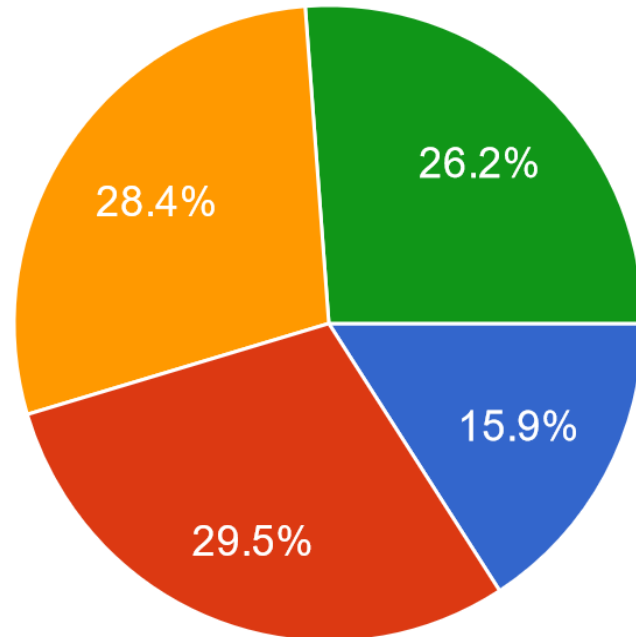
How willing are you to recruit a new participant(s) to the Maine Senior Games?

273 responses



Would you consider trying a new sport if Maine Senior Games offered a clinic where you could learn about the sport?

271 responses

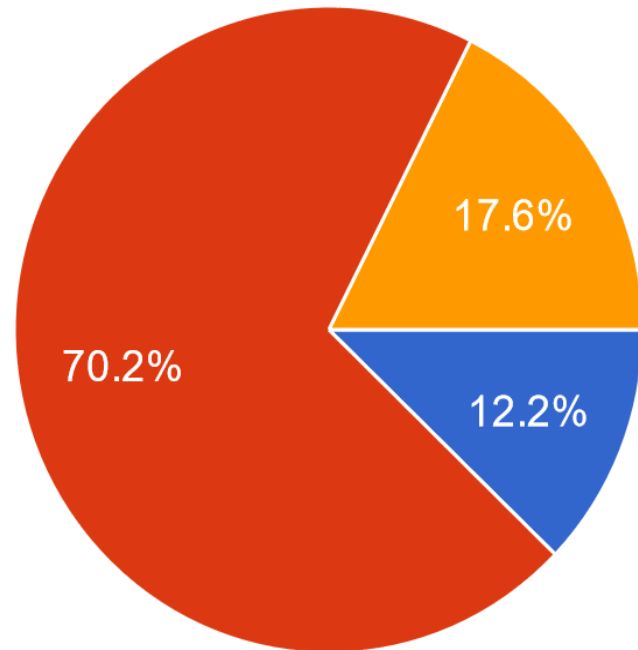


- Yes
- No
- Maybe
- It would depend on the sport



Would you be interested in running a clinic that would provide others the opportunity to learn a new sport?

262 responses

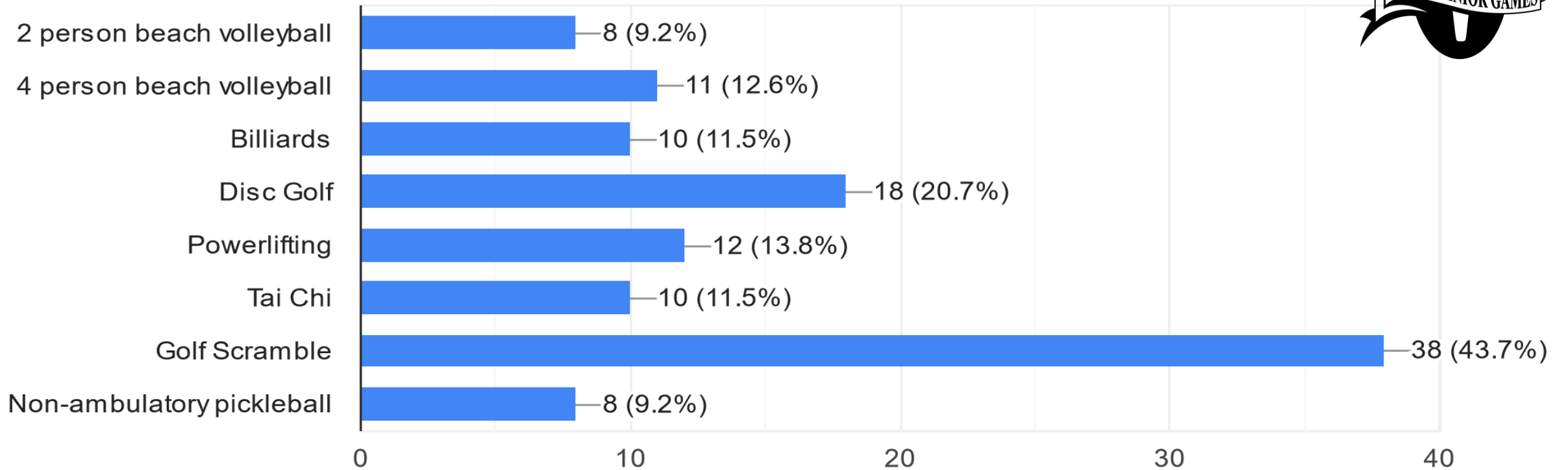


- Yes
- No
- Maybe



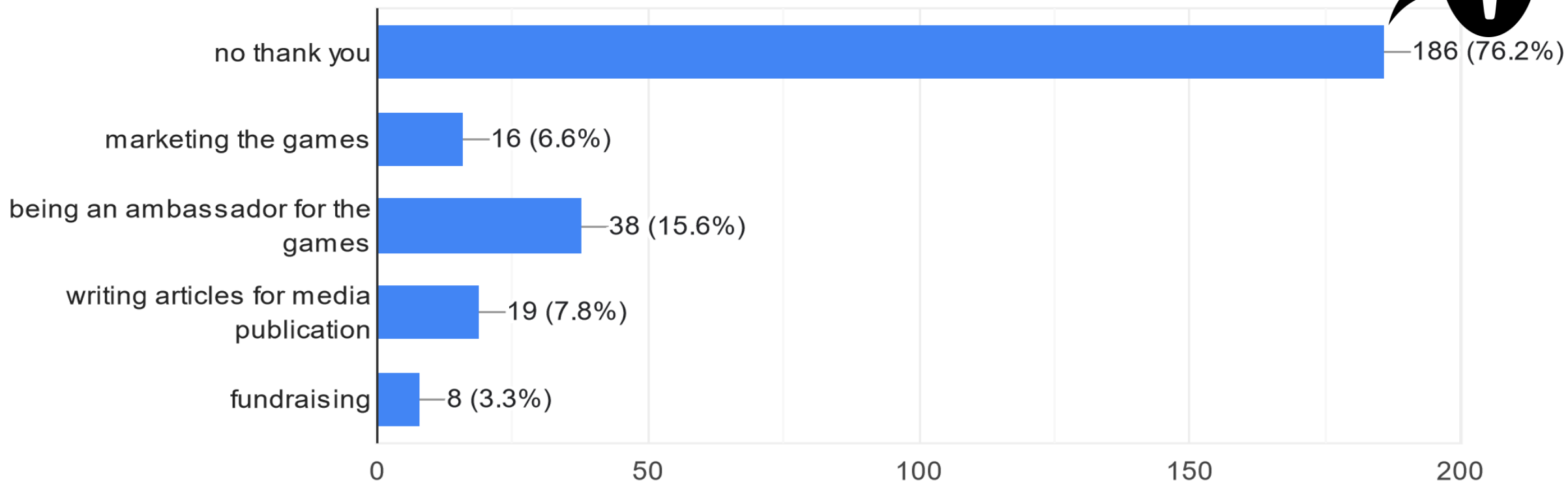
NSGA is adding the following new sports and events. Would you be interested in participating in any of these sports if they are offered by the Maine Senior Games?

87 responses



Would you be interested in being involved in any of the following areas to help promote the Maine Senior Games?

244 responses



Newspapers That Our Athletes Are Reading



Bangor Daily News
Bridgton News
Camden Local Paper
Coastal Journal
Ellsworth American
Farmington News
Forecaster
Harpwell Anchor
Kennebec Journal
Lewiston Sun Journal

Maine Sunday Telegram
Morning Sentinel
Mount Desert Islander
Portland Press Herald
Scarborough Leader
Sentry
The Maine Wire
Times Record
Village Soup
Waterville Morning Sentinel
Windham Eagle

Suggestions to Help Us Retain Participants & Volunteers



To view the responses that you shared with us you will need to click on the link below:

<https://tinyurl.com/mrxuaejk>

New Sports You Are Interested In Trying:

Archery
Badminton
Biking
Buoy Toss
Corn Hole
Croquet
Curling
Dance Competition
Disc Golf
Discus Throw
Drag Race Biking
Fencing
Flag Football
Free Throw Shooting
Golf
Gravel Biking
Hammer Throw
Handball

High Jump
Hot Shot Basketball
Hurdles
Javelin
Paddle Tennis
Pickleball - #1 request
Quickleball
Race Walking
Running vs Powerwalking
Shot Put Throwing
Skate Skiing
Ski Racing
Snowshoeing
Speed Walking
Table Tennis
Tai Chi
Tennis
Weight lifting





**We look forward to seeing you at
the 2024 Maine Senior Games**

**You can find the 2024 schedule
on our web site:**

www.maineseniorgames.org