

Updated July 2, 2026

EVENT	AGE GROUP	ATHLETE	TIME	YEAR	STATE
WOMEN'S 50 Meters	50-54	Sue McCarthy	0.3375	2015	ME
	55-59	Edith Dunham	8.13	2026	ME
	60-64	Tara Towle	8.01	2026	NH
	65-69	Christine Davis	9.2	2016	IN
	70-74	Elizabeth Foster	10.57	2026	MN
	75-79	Barbara Jordan	8.99	2012	VT
	80-84	Arden LeVasseur	15.9	2022	ME
MEN'S 50 Meters	45-49	Bob St. Peter	7.62	2022	ME
	50-54	Stephen Nunziata	6.81	2017	CT
	55-59	Sheldon Warrick	7.2	2024	MA
	60-64	Steven Snow	7.21	2015	NH
	65-69	Chris Bayley	7.17	2026	AZ
	70-74	Steven Snow	7.51	2024	NH
	75-79	George May	7.62	2024	FL
	80-84	George May	8.02	2026	ME
	85-89	Suat Akgun	9.78	2016	FL
90-94	Edward Snyder	14.4	2022	MA	
WOMEN'S 100 Meters	50-54	Sue McCarthy	14.25	2015	ME
	55-59	Gail Johns-Reese	15	2010	NH
	60-64	Tara Towle	15.05	2026	NH
	65-69	Beverly Libby	16.25	1997	ME
	70-74	Janice Bilodeau	17.6	2005	ME
	75-79	Beverly Libby	16.02	2005	ME
	80-84	Ann McGowan	23.63	2006	RI
	85-89	Ann McGowan	28.9	2010	RI

MEN'S 100 Meters	45-49	Bob St.Peter	14.05	2022 ME
	50-54	Angel Nieves	12.12	1998 MA
	55-59	Roger Pierce	12	2002 MA
	60-64	William Wright	12.87	1997
	65-69	Chris Bayley	13	2026 AZ
	70-74	Dick Camp	13.88	2006 ME
	75-79	Keith Curtis	14	2005 ME
	80-84	George May	15.23	2026 ME
	85-89	Joseph Sciaraffa	20	2009 ME
	90-94	Bob Matteson	21.55	2008 VT
WOMEN'S 200 Meters	45-49	Hollie Corbett	33.53	2024 ME
	50-54	Sue McCarthy	30.05	2015 ME
	55-59	Gail Johns-Reese	31.99	2010 NH
	60-64	Tara Towle	32.28	2026 NH
	65-69	Joan Burguess	38.5	1998 ME
	70-74	Elizabeth Foster	43.4	2022 MN
	75-79	Barbara Jordan	38.02	2010 VT
	80-84	Anne McGowan	53.3	2004 RI
	85-89	Madolynne Zimmerman	01:15.9	2026 ME
MEN'S 200 Meters	45-49	Bob St. Peter	31.27	2022 ME
	50-54	Rohan Stuart	25.35	2013 GA
	55-59	Roger Pierce	24.77	2002 MA
	60-64	Arthur Murray	27.44	2007 ME
	65-69	Roger Pierce	27.33	2010 MA
	70-74	Chris McConnell	29.24	2026 FL
	75-79	Keith Curtis	32.5	2004 ME
	80-84	George May	32.91	2025 ME

	85-89	Jean Bernaquez	47.38	2017 Quebec
WOMEN'S 400 Meters	45-49	Hollie Corbett	01:15.0	2024 ME
	50-54	Paula Fortuna	1:17:42	2010 NH
	55-59	Beatrice Kearney	1:10:00	2004 CT
	60-64	Mary Ryther	01:28.9	2024 MA
	65-59	Elizabeth Foster	1:37:30	2017 MN
	70-74	Ann Holmquist	1:35:03	2016 MA
	75-79	Audry Lary	1:41:02	2010 MD
	85-89	Madolynne Zimmerman	02:50.9	2026 ME
MEN'S 400 Meters	45-49	Tory Rau	57.61	2022 ME
	50-54	Tom Ryan	58	2006 ME
	55-59	Roger Pierce	55	2002 ME
	60-64	John Bray	0.04311343	2006 NY
	65-69	Roger Pierce	0.04387731	2018 MA
	70-74	Steven Snow	01:14.8	2024 NH
	75-79	Keith Curtis	1:21:50	2004 ME
	80-84	Roger Pierce	01:25.1	2024 MA
	85-89	Jean Bernaquez	1:54:21	2017 Quebec
	90-94	John Woods	5:41:00	2009 ME
WOMEN'S 800 Meters	50-54	Trisha Diaz	2:50:00	2014 MA
	55-59	Trisha Diaz	0.12582176	2015 MA
	60-64	Judy Hardenbrook	0.13091435	2007 ME
	65-69	Betsy Foster	0.16043981	2017 MN
	70-74	Jan Holmquist	0.14113426	2016 MA
	75-79	Gloria Lipton	5:47:52	2008 NY
MEN'S 800 Meters	45-49	Joe Hermans	02:34.3	2022 ME

	50-54	James Morton	2:12:23	2008 MA
	55-59	Jeff Weatherhead	0.09903935	2007 CT
	60-64	Paul Murphy	2:32:00	2010 MA
	65-69	Frank Brume	0.11070602	2006 ME
	70-74	Jerry LeVasseur	3:09:06	2007 ME
	75-79	George Tooker	3:10:11	2015 MA
	80-84	Jean Bernaquez	3:38:21	2012 Quebec
	85-89	Jean Bernaquez	0.18158565	2017 Quebec
	90-94	Bob Matteson	5:11:26	2008 VT
WOMEN'S 1500 Meters	50-54	Trisha Diaz	5:45:38	2014 MA
	55-59	Terry Ballou	05:38.9	2022 NH
	60-64	Cathleen Livingston	07:02.5	2026 NH
	65-69	Betsy Foster	0.32462963	2017 MN
	70-74	Jan Holmquist	6:32:28	2016 MA
	75-79	Gloria Lipton	11:27:40	2009 NY
	80-84	Mary Harada	14:00.1	2018 MA
	85-89	Mary Haines	15:13:00	2002 CT
MEN'S 1500 Meters	50-54	Thomas Ryan	4:25:23	2007 ME
	55-59	Jeff Weatherhead	5:00:58	2006 CT
	60-64	Francis Burdett	05:26.9	2025 MA
	65-69	Lloyd Slocum	5:24:00	2002 NH
	70-74	Paul Bazanchuk	06:05.4	2025 NH
	75-79	George Tooker	6:21:32	2015 MA
	80-84	Jean Bernaquez	6:58:17	2012 Quebec
	85-89	Jean Bernaquez	0.35293981	2017 Quebec
WOMEN'S 1500 Meter	50-54	Janet Richie	10:24:00	2004 ME

RACEWALK	55-59	Marsha Hutz	11:12:15	1998
	60-64	Diane York	9:42:00	2004 ME
	65-69	Margaret Milner	10:23.6	2024 ME
	70-74	Susan Bonzey	11:01.1	2024 ME
	75-79	Laura Lasuld	12:58:00	1996
	80-84	Estelle Frenberg	13:11:00	1997 AZ
MEN'S 1500 Meter RACEWALK	50-54	Leo Higgins	0.33138889	2011 MA
	55-59	Peter Blank	0.36638889	2012 D.C.
	60-64	David Baldwin	7:54:11	2006 ME
	65-69	Leides Valio	9:34:00	1996
	70-74	John May	0.42100694	1998
	75-79	George Freeman	10:09:39	2006 NY
	80-84	Peter Bresciano	11:10.1	2021 NH
	85-89	Larry Rolfe	25:00:00	1997
	90-94	Napoleon LaChance	16:24:00	1998 ME
WOMEN'S 1500 Meter POWERWALK	50-54	Sherri Desmarais	12:09.0	2022
	55-59	Alex Forest	11:12.1	2019 ME
	60-64	Margaret Milner	10:45.5	2021 ME
	65-69	Margaret Milner	10:39.9	2024 ME
	70-74	Susan Bonzey	10:59.5	2024 ME
	75-79	Eileen Livingston	11:58.5	2022 NH
	80-84	Eileen Livingston	11:44.7	2023 NH
	85-89	Kathleen Zambello	14:21.8	2019 ME
MEN'S 1500 Meter POWERWALK	55-59	Denny Bradecamp	08:44.2	2026 VA
	65-69	Ernie Milner	10:04.1	2026 ME
	70-74	Michael Devaney	10:08.6	2022 AZ
	75-79	John Micavich	09:17.5	2021 NH

	80-84	John Micavich	10:00.8	2023 NH
	85-89	Stanley Moulton	12:09.1	2019 NH
WOMEN'S 3000 Meters	50-54	Julie Millard	13:57:56	2014 ME
	55-59	Kathleen Judice	13:29.1	2025 ME
	60-64	Nancy Kneeland	15:33:51	2015 ME
	65-69	Betsy Foster	17:07:11	2017 MN
	70-74	Susan Murphy	14:37.9	2018 ME
MEN'S 3000 Meters	50-54	Thomas Ryan	10:07:30	2009 ME
	55-59	Mark Jensen	11:36:59	2015 MA
	60-64	Francis Burdett	11:52.7	2025 NH
	65-69	Rudy Kelley	12:37:52	2016 ME
	70-74	Jerry LeVasseur	14:27:30	2008 ME
	75-79	Jack Wackwitz	0.59831019	2017 OH
	80-84	Jean Bernaquez	15:39:53	2012 Quebec
	85-89	Jean Bernaquez	19:33:07	2017 Quebec
			DISTANCE	
WOMEN'S SHOT PUT	50-54	Crystal Muse	39'11.5"	2024 NY
	55-59	Karen Reardon	33' 1 1/2"	2015 ME
	60-64	Marcia Christiansen	31'3"	2025 WI
	65-69	Karen Reardon	26' 6 1/4"	2023 ME
	70-74	Harriett Patch	23' 2 1/2"	2004 MA
	75-79	Judy Scott	20' 9 1/2"	2016 MA
	80-84	Harriett Patch	19' 11"	2011 MA
	85-89	Anne McGowan	14' 6"	2011 RI
	90-94	Anne McGowan	12' 2"	2015 RI

MEN'S SHOT PUT	45-49	Derek Michaud	30' 5 1/2"	2023 ME
	50-54	Michael Snyder	42' 2"	2012 ME
	55-59	Michael Snyder	43' 1 3/4"	2014 ME
	60-64	Hartley Palleschi	42' 6 3/4"	2015 PA
	65-69	Carl Wallin	39' 8"	2009 NH
	70-74	Alan Brooks	40' 7"	2006 CT
	75-79	Alan Brooks	37' 2"	2012 CT
	80-84	Alan Brooks	38' 2 1/2"	2016 CT
	85-89	Joe Carlozzi	32"3"	2021 ME
90-94	Joe Carlozzi	26' 4.25"	2026 ME	

WOMEN'S DISCUS	50-54	Karen Reardon	100' 3"	2008 ME
	55-59	Karen Reardon	91' 4"	2015 ME
	60-64	Karen Reardon	80'10"	2019 ME
	65-69	Ingrid Miller	71' 9"	2008 MA
	70-74	Ann Flynn	57' 5"	2010 CT
	75-79	Joan Youngs	60' 10"	2012 CT
	80-84	Joan Youngs	52' 8"	2017 CT
	85-89	Joan Youngs	41'11"	2023 CT
90-94	Ann McGowan	21' 1"	2014 RI	

MEN'S DISCUS	45-49	Derek Michaud	101' 10"	2023 ME	2K Discus
	50-54	Neil Willey	145' 7"	2026 ME	1.5K Discus
	55-59	David MacMillan	147' 0"	1998 ME	1.5K Discus
	60-64	David MacMillan	154' 8"	2000 ME	1K Discus
	65-69	David MacMillan	145' 3"	2006 ME	
	70-74	Christopher Hamilton	124' 1"	2023 VT	
	75-79	Len Rosen	108' 7"	2009 NH	

	80-84	Joe Carlozzi	93' 2"	2017 ME
	85-89	Joe Carlozzi	82'	2021 MA
	90-94	Joe Carlozzi	65' 04"	2026 ME
WOMEN'S JAVELIN	50-54	Ginny Richburg	98' 0"	2010 ME
	55-59	Kim Coombs	84' 2"	2016 MD
	60-64	Marcia Christiansen	88'10"	2025 WI
	65-69	Kim Coombs	74'01"	2022 ME
	70-74	Marsha Crooks	59' 11"	2005 MA
	75-79	Joan Youngs	49' 6"	2014 CT
	80-84	Joan Youngs	45' 7"	2017 CT
	85-89	Ann McGowan	38' 6"	2011 RI
	90-94	Ann McGowan	24' 10"	2014 RI
MEN'S JAVELIN	45-49	Derek Michaud	99'	2023 ME
	50-54	Michael Wardrop	151' 6"	2016 ME
	55-59	John Malikowski	156' 7"	2016 MA
	60-64	Buzz Gagne	168' 9"	2010 NH
	65-69	Edward Mikula	151'9"	2021 ME
	70-74	Buzz Gagne	145"	2019 NH
	75-79	Buzz Gagne	121'08"	2020 MA
	80-84	James Rothrock	79' 6 1/2"	2015 ME
	85-89	James Rothrock	60'1"	2019 ME
	90-94	Joe Carlozzi	47' 03"	2026 ME
WOMEN'S HAMMER THROW	50-54	Crystal Muse	158'6"	2024 NY
	55-59	Gloria Miro	40'4"	2022 ME
	60-64	Karen Reardon	74' 9"	2022 ME
	65-69	Kim Coombs	82' 11"	2023 ME
	70-74	Martha LaRiviere	63'11"	2026 ME

	75-79	Catherine Bishop	32'11"	2924 KY
MEN'S HAMMER THROW	45-49	Derek Michaud	84' 7"	2023 ME
	50-54	Joel Slate	114'7"	2025 ME
	55-59	Jim Giroux	162' 1"	2022 ME
	60-64	Jim Giroux	162'9"	2025 ME
	65-69	Hartley Palleschi	117'9"	2022 ME
	70-74	Regis Beaulieu	124'1"	2022 ME
	75-79	John Jackson	102'6"	2024 ME
	80-84			
	85-89	Joe Carlozzi	88'8"	2022 ME
	90-94	Joe Carlozzi	79' 11"	2026 ME
WOMEN'S LONG JUMP	50-54	Kelly Reblin	10'3"	2024 OH
	55-59	Jennifer Meko	13'7.75"	2024 ME
	60-64	Barbara Jordan	10' 5"	1997 VT
	65-69	Elizabeth Abrams	8' 5"	2002 CT
	70-74	Brigette Langer	8' 3"	2002 MA
	75-79	Audrey Lary	10' 3"	2010 MD
	80-84	Anne McGowan	6' 3 3/4"	2006 RI
	85-89	Anne McGowan	5' 10 1/2"	2010 RI
	90-94	Anne McGowan	2' 4"	2017 RI
MEN'S LONG JUMP	45-49	Bob St. Peter	12'6"	2022 ME
	50-54	Steven Snow	16' 4 1/2"	2007 NH
	55-59	Steven Snow	16' 3 1/2"	2011 NH
	60-64	Steven Snow	15' 10"	2015 NH
	65-69	Steven Snow	14'3"	2022 NH
	70-74	Michael Kiefer	13'6.75"	2024 MA
	75-79	Joe Sciaraffa	12' 4"	1998 ME

	80-84	Ed Kenny	9' 6 1/4"	2017 NH
	85-89	Joe Sciaraffa	8' 5"	2009 ME
	90-94	David Chase	7' 2 3/4"	2011 MA
WOMEN'S TRIPLE JUMP	50-54	Donna Gordon	20'2 1/2"	2019 ME
	55-59	Jennifer Meko	26'4 1/2"	2022 ME
	60-64	Kim Coombs	18' 8"	2017 ME
	65-69	Kim Coombs	17 '1"	2023 ME
	70-74	Arden LeVasseur	15' 6 1/2"	2010 ME
	75-79	Audrey Lary	22' 1 1/2"	2009 VT
	80-84	Arden LeVasseur	11'41"	2022 ME
	85-89	Anne McGowan	13' 0"	2009 RI
MEN'S TRIPLE JUMP	50-54	Jonathan Franklin	35'0"	2024 OH
	55-59	Fred Clark	34' 11"	2007 NY
	60-64	Steven Snow	31' 2 3/4"	2015 NH
	65-69	Steven Snow	28'11"	2022 NH
	70-74	Steven Snow	28'5"	2024 NH
	75-79	Joel Stinson	24' 7 1/2"	2011 ME
	80-84	Jerry LeVasseur	22' 4 1/4"	2017 ME
	85-89	Suat Akgun	19' 2 1/2"	2016 FL
	90-94	David Chase	16' 2 1/2"	2012 MA
			HEIGHT	
WOMEN'S HIGH JUMP	50-54	Ginny Richburg	3' 10"	2010 ME
	55-59	Kathleen Judice	3'8"	2025 ME
	60-64	Kim Coombs	3' 8"	2017 ME
		Mary Ryther	3'8"	2024 MA
	70-74	Arlene Dupuis	2' 8"	2012 NH

	75-79	Catherine Bishop	2'4"	2024 KY
MEN'S HIGH JUMP	50-54	James Kallfelz	5' 2"	2015 NH
	55-59	Ken Ellis	5' 0"	2012 OK
	60-64	Thomas Foley	5'2"	2021 MA
	65-69	Thomas Foley	5'1.5"	2024 MA
	70-74	Gene Kirkpatrick	4' 2 3/4"	2023 ME
	75-79	Howard Dewey	4' 2"	2016 GA
	80-84	Richard Lowery	4' 0"	2012 FL
	85-89	Joe Carlozzi	3'4"	2021 ME
	90-94	David Chase	3' 2"	2011 MA
MEN'S POLE VAULT	65-69	Frederick Szczesiul	7'7"	2026 CT
Men's 4 X 100 Relay	80-84	LeVasseur, J., Randall, 2;00.12 Wackwitz, J., Zimmerman, R.		2024 ME
	85-89	LeVasseur, J., Yee, L. 2;30.38 Randall, R., Zimmerman, R.		2025 ME