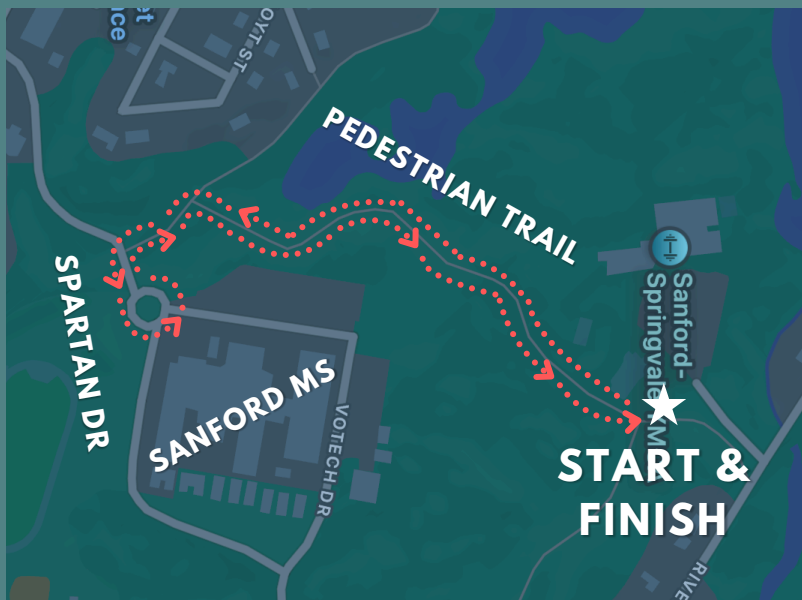


MAINE SENIOR GAMES ROAD RACE MAPS

1 MILE COURSE



- ➔ START AT 1 MILE START/FINISH LINE
- ➔ TURN LEFT AT TRAIL SPLIT
- ➔ CONTINUE AROUND LOOP
- ➔ TURN RIGHT ONTO PEDESTRIAN TRAIL
- ➔ TURN LEFT TOWARD YMCA LOWER PARKING LOT
- ➔ FINISH!

5K COURSE

- ➔ START AT 5K START LINE
- ➔ TURN RIGHT AT TRAIL SPLIT
- ➔ CONTINUE ONTO MARGINAL WAY
- ➔ TURN LEFT ONTO PROSPECT ST
- ➔ TURN LEFT ONTO ELLIS ST
- ➔ VEER RIGHT ONTO RUSSELL DR
- ➔ TURN RIGHT ONTO MARGINAL WAY
- ➔ CONTINUE ONTO PEDESTRIAN TRAIL
- ➔ TURN LEFT TO STAY ON PEDESTRIAN TRAIL
- ➔ PASS START LINE & TURN RIGHT TO STAY ON PEDESTRIAN TRAIL
- ➔ TURN RIGHT ONTO SPARTAN DRIVE
- ➔ CONTINUE AROUND LOOP OF SCHOOL
- ➔ TURN LEFT ONTO PEDESTRIAN TRAIL
- ➔ TURN LEFT TO YMCA LOWER PARKING LOT
- ➔ FINISH!

